ON THE BORDER — MEXICAN GRILL & CANTINA — NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.

Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.

This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.

NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy

▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.

Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams

- -Information not available *Contains MSG Note: NOT all items are available at all locations

	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
MARGARITAS Specialty Rocks																					
1800 Mercedes	280	0	0	0	0	0	2840	34	1	28	0										
Barrel Aged 'Rita	350	0	0	0	0	0	2840	41	1	36	1										
Borderita®	340	0	0	0	0	0	2840	43	0	39	0										
Diamante	270	0	0	0	0	0	2840	21	0	18	0										
House (Grande)	260	0	0	0	0	0	2860	26	0	23	0										
House (Regular)	200	0	0	0	0	0	2860	20	0	17	0										
Mango Tango (Grande)	270	0	0	0	0	0	20	45	0	41	0										
Mango Tango (Regular)	210	0	0	0	0	0	15	34	0	32	0										
Pineapple	320	5	0.5	0	0	0	0	44	0	40	1										
Pineapple Smoky	320	5	0.5	0	0	0	0	44	1	40	1										
Pineapple Spicy	320	5	0.5	0	0	0	0	45	1	40	1										
Skinny 'Rita	190	0	0	0	0	0	2840	24	0	21	0										
Strawbrrrita (Grande)	330	0	0	0	0	0	20	58	1	53	1										
Strawbrrrita (Regular)	250	0	0	0	0	0	15	43	1	39	0										
Strawberry Shaker Margarita	420	0	0	0	0	0	0	73	1	66	0										
The Perfect Patrón	250	0	0	0	0	0	2840	34	0	30	0										
MARGARITAS Frozen	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)										
Blue Lagoon (Grande)	420	0	0	0	0	0	2900	53	0	44	0										
Blue Lagoon (Regular)	300	0	0	0	0	0	2870	37	0	30	0										
Coronarita™	390	0	0	0	0	0	2900	49	0	38	1										
House (Grande)	340	0	0	0	0	0	2900	46	0	40	0										
House (Regular)	220	0	0	0	0	0	2870	30	0	26	0										
Mango Tango (Grande)	390	0	0	0	0	0	55	66	0	60	0										
Mango Tango (Regular)	260	0	0	0	0	0	35	45	0	41	0										
sangria swirl (Grande)	350	0	0	0	0	0	60	45	0	39	0										
sangria swirl (Regular)	230	0	0	0	0	0	40	29	0	26	0										
Strawbrrrita (Grande)	440	0	0	0	0	0	55	79	1	71	1										
Strawbrrrita (Regular)	300	0	0	0	0	0	35	54	1	49	0										
CERVEZAS Draft	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)										
Blue Moon (Grande)	170	0	0	0	0	--	--	10	--	0	1										
Blue Moon (Regular)	100	0	0	0	0	--	--	6	--	0	1										
Bud Light (Grande)	170	0	0	0	0	--	--	10	--	0	1										
Bud Light (Regular)	100	0	0	0	0	--	--	6	--	0	1										
Coors Light (Grande)	160	0	0	0	0	0	15	8	0	--	2										
Coors Light (Regular)	90	0	0	0	0	0	10	5	0	--	1										
Dogfish Head 60 Minute IPA (Grande)	290	0	0	0	0	0	15	26	0	3	3										
Dogfish Head 60 Minute IPA (Regular)	170	0	0	0	0	0	10	16	0	2	2										
Dos Equis Amber (Grande)	230	0	0	--	--	--	--	22	--	--	2										
Dos Equis Amber (Regular)	130	0	0	--	--	--	--	13	--	--	1										
Dos Equis Lager (Grande)	200	0	0	--	--	--	--	17	--	--	2										
Dos Equis Lager (Regular)	120	0	0	--	--	--	--	10	--	--	1										
Leinenkugel Shandy Grapefruit (Grande)	230	0	0	0	0	0	10	24	0	0	2										
Leinenkugel Shandy Grapefruit (Regular)	140	0	0	0	0	0	5	14	0	0	1										
Leinenkugel Shandy Harvest Patch (Grande)	220	0	0	0	0	0	20	23	0	0	2										
Leinenkugel Shandy Harvest Patch (Regular)	130	0	0	0	0	0	10	14	0	0	1										
Leinenkugel Shandy Lemon Berry (Grande)	250	0	0	0	0	0	10	29	0	0	2										
Leinenkugel Shandy Lemon Berry (Regular)	150	0	0	0	0	0	0	17	0	0	1										
Leinenkugel Shandy Orange (Grande)	210	0	0	0	0	0	20	20	0	0	2										
Leinenkugel Shandy Orange (Regular)	130	0	0	0	0	0	15	12	0	0	1										
Leinenkugel Shandy Summer (Grande)	210	0	0	0	0	0	10	18	0	0	2										
Leinenkugel Shandy Summer (Regular)	120	0	0	0	0	0	0	11	0	0	1										
Michelob Ultra (Grande)	150	0	0	0	0	--	--	4	--	--	1										
Michelob Ultra (Regular)	90	0	0	0	0	--	--	2	--	--	1										
Miller Lite (Grande)	150	0	0	0	0	0	10	5	--	--	2										
Miller Lite (Regular)	90	0	0	0	0	0	0	3	--	--	1										
Modelo Especial (Grande)	220	0	0	--	--	--	30	21	--	--	2										
Modelo Especial (Regular)	130	0	0	--	--	--	20	13	--	--	1										
Sam Adams Boston Lager (Grande)	270	0	0	0	0	0	0	27	0	0	0										
Sam Adams Boston Lager (Regular)	160	0	0	0	0	0	0	16	0	0	0										
Shiner Bock (Grande)	220	0	0	0	0	0	25	19	0	0	2										
Shiner Bock (Regular)	130	0	0	0	0	0	15	11	0	0	1										
Yuengling Traditional Lager (Grande)	220	--	--	--	--	--	--	--	--	--	--										
Yuengling Traditional Lager (Regular)	130	--	--	--	--	--	--	--	--	--	--										
CERVEZAS Bottle	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)										
Angry Orchard Hard Cider	190	0	0	0	0	0	--	25	0	20	0										
Blue Moon	170	0	0	0	0	0	15	14	0	11	2										
Bohemia	150	0	0	0	0	0	0	14	--	3	1										
Bud Light	110	0	0	0	0	--	--	7	--	0	1										
Budweiser	150	0	0	0	0	--	--	11	--	--	1										
Coors Light	100	0	0	0	0	0	10	5	0		1										
Corona Extra	150	0	0	0	0	0	15	14	0	4	1										
Corona Light	100	0	0	0	0	0	0	5	--	--	1										
Corona Premium	90	0	0	--	--	--	--	3	--	--	1										
Dos Equis Ambar	150	0	0	--	--	--	--	14	--	--	1										
Dos Equis Lager	130	0	0	--	--	--	--	11	--	--	1										
Heineken	140	0	0	0	0	0	0	12	--	0	2										
Heineken 0.0 (Non-Alcoholic Beer)	70	0	0	--	--	--	--	16	--	--	0										
Michelob Ultra	100	0	0	0	0	--	--	3	--	--	1										
Miller Lite	100	0	0	0	0	0	5	3	--	--	1										
Modelo Especial	140	0	0	--	--	--	20	14	--	--	1										
Modelo Negra	160	0	0	0	0	0	10	15	--	13	1										
Pacifico	140	0	0	0	0	0	10	14	--	12	1										
Sol	140	0	0	0	0	0	0	12	--	12	0										
Tecate	140	0	0	--	--	--	--	14	--	--	1										
HANDCRAFTED TEX-MEX COCKTAILS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)										
Blackberry Smash	240	0	0	0	0	0	0	25	0	24	0										
Cherry Lime Rum 'Rita	270	0	0	0	0	0	15	37	0	33	0										
Maker's Rita	270	0	0	0	0	0	0	33	0	32	0										
Mojito Classico	280	0	0	0	0	0	15	41	0	35	0										
Peach Vodka 'Rita	340	0	0	0	0	0	0	59	0	53	0										
Pineapple Rum Punch	260	0	0	0	0	0	5	38	0	35	0										
Primo Long Island	260	0	0	0	0	0	5	29	0	26	0										
Ranch Water	150	0	0	0	0	0	2840	4	0	4	0										
Red Sangria (Glass)	150	0	0	0	0	0	5	14	0	10	0										
Red Sangria (Pitcher)	760	0	0	0	0	0	35	66	2	49	1										
Tito's Limeade Fresca	280	0	0	0	0	0	10	41	0	36	0										
WINE BY THE GLASS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)										
Cupcake Moscato	140	0	0	0	0	--	5	19	--	19	0										
House Cabernet	150	0	0	0	0	--	--	5	--	--	0										
Sutter Home White Zinfandel	130	0	0	0	0	0	0	11	0	6	0										
Woodbridge Chardonnay	150	0	0	0	0	--	10	4	0	2	0										

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

STARTERS & BORDER DIPS *Listed as served*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Border Sampler	2160	1310	147	57	2	290	4530	120	13	15	91	▪			▪					▪	
Chips & Salsa	910	410	45	11	0	5	540	117	13	5	11	▪									▪
Crispy Honey Chipotle Shrimp with Spicy Avocado Ranch	810	440	50	7	0.5	125	2550	79	6	13	29	▪	▪		▪		▪			▪	
Empanadas	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Seasoned Ground Beef With Queso	1130	630	71	29	2	130	2260	80	0	8	40	▪			▪			▪		▪	
Shredded Chicken Tinga With Queso	1120	640	71	30	2	140	2450	77	1	10	40	▪			▪			▪		▪	
Firecracker Stuffed Jalapeños with Queso	920	550	61	34	1	140	4160	49	14	11	43	▪			▪					▪	
Grande Fajita Nachos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Fajita Chicken	1480	850	94	43	0	260	2560	74	13	4	85	▪			▪						
Fajita Steak	1600	980	108	50	0	260	2390	72	13	4	81	▪			▪						
Guacamole **without** Chip Basket	270	210	24	3.5	0	0	410	15	9	1	3	▪									▪
Guacamole Live!® **without** Chip Basket	750	610	68	10	0	0	2360	42	32	4	10										▪
Guac/Queso Duo **without** Chip Basket	560	410	46	17	1	65	1880	26	10	10	19	▪			▪						▪
Melted Queso Fundido	1320	820	91	50	0	235	3360	50	0	2	67				▪					▪	
Quesadilla	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Brisket	1310	790	88	36	1	165	3650	77	6	19	54				▪			▪		▪	
Fajita Chicken	1210	770	86	34	1	165	2410	60	5	5	51				▪					▪	
Fajita Steak	1270	830	93	37	1	165	2320	59	5	5	50				▪					▪	
Veggie	1180	780	87	34	1	115	2360	64	6	8	37				▪					▪	▪
Queso de Espinaca **without** Chip Basket	590	430	48	29	2	140	2460	14	--	9	30				▪						▪
Smoky Queso **without** Chip Basket	400	250	28	17	1	85	2060	18	2	14	21				▪						▪
Signature Queso **without** Chip Basket	480	310	35	22	1.5	105	2350	18	2	15	25				▪						▪
*Border Style **without** Chip Basket*	260	150	17	10	0.5	50	1330	17	3	12	13				▪						▪
*Primo Style **without** Chip Basket*	590	380	43	25	1.5	130	2600	21	3	15	31				▪			▪			
Stacked Nachos	2050	1150	128	53	1	225	3960	145	20	13	77	▪			▪			▪			
BORDER BITES *Listed as served*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Avocado Fries	1080	750	84	14	1	25	1480	77	14	3	11	▪	▪		▪					▪	▪
Chicken Flautas	590	340	38	12	1	85	1610	36	4	7	26	▪			▪						
Fried Pickled Jalapenos	420	350	39	6	0.5	15	4740	18	7	7	4	▪	▪		▪					▪	▪
ENTRÉE SALADS & SOUP SALADS *Listed **without** dressing*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chicken Tortilla Soup* - Bowl	520	240	26	9	0	70	2300	45	5	3	27	▪			▪						
Chicken Tortilla Soup* - Cup	320	160	18	7	0	50	1150	23	3	2	17	▪			▪						
Fajita Salad - *Chicken*	410	190	21	3	0	85	1260	27	8	10	34				▪			▪		▪	
Fajita Salad - *Steak*	490	280	31	8	0	75	1290	26	8	10	29				▪			▪		▪	
Grande Taco Salad - *Seasoned Ground Beef*	730	430	48	18	0	100	1730	41	9	8	33	▪			▪			▪		▪	
Grande Taco Salad - *Shredded Beef*	660	380	43	16	0	85	1680	39	11	11	34	▪			▪					▪	
Grande Taco Salad - *Shredded Chicken Tinga*	630	360	40	14	0	90	1850	38	9	10	29	▪			▪					▪	
Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
House-Made Salsa	20	0	0	0	0	0	440	5	1	3	1										▪
Lime Vinaigrette	140	110	12	1	0	0	480	10	0	8	0										▪
Ranch	230	220	24	3	0	25	400	2	0	2	1		▪		▪						▪
Smoked Jalapeño Vinaigrette	120	90	10	1	0	0	630	9	0	7	0										▪
Spicy Avocado Ranch	170	160	18	2	0	15	430	3	1	2	1		▪		▪						▪
BORDER BOWLS *Listed as served.*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Grilled Chicken	670	180	20	4.5	0	60	2080	91	18	8	36				▪						
Grilled Portobello	580	130	15	3.5	0	10	1730	94	19	10	20				▪						
Grilled Shrimp	670	220	24	3.5	0	85	2510	91	18	8	33				▪		▪	▪			
Grilled Steak	750	250	28	8	0	65	2120	91	18	8	36				▪						
BURRITOS, CHIMIS & ENCHILADAS *Listed **without** Mexican rice & beans unless noted*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Border Queso Beef Enchiladas																					
Seasoned Ground Beef	470	220	24	10	0	75	1270	36	4	5	26	▪			▪			▪			
Shredded Beef	400	170	19	8	0	60	1220	33	7	7	27	▪			▪						
Classic Burrito **without** Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Seasoned Ground Beef	850	390	44	22	0	145	2280	56	1	1	51				▪			▪		▪	
Shredded Chicken Tinga	680	280	31	17	0	125	2430	51	2	4	45				▪					▪	
Classic Chimichanga **without** Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Seasoned Ground Beef	970	510	57	24	0	145	2280	56	1	1	51	▪			▪			▪		▪	
Shredded Chicken Tinga	800	400	45	19	0	125	2430	51	2	4	45	▪			▪					▪	
ADD Choice Of Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chile Con Carne	110	50	5	2	0	15	630	8	2	1	6							▪		▪	
Red Chile Sauce	30	5	0.5	0	0	0	330	6	2	3	1										▪
Salsa Verde	35	5	1	0	0	0	190	7	2	4	1										▪
Signature Queso	180	120	13	8	0.5	40	880	7	1	6	10				▪						▪
Sour Cream Sauce	80	50	6	3.5	0	15	460	5	0	1	1		▪		▪			▪		▪	
Ranchiladas	1050	620	69	32	0	220	2200	40	6	4	67	▪			▪			▪		▪	
The Big Bordurrito®	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Fajita Chicken	1870	940	105	25	1.5	135	5140	167	16	12	69				▪					▪	
Fajita Steak	1990	1060	119	32	1.5	135	4980	165	16	12	65				▪					▪	
Three-Sauce Fajita Burrito	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chicken	860	380	43	21	0	175	2800	63	3	6	58		▪		▪			▪		▪	
Steak	980	510	57	28	0	175	2640	61	3	6	55		▪		▪			▪		▪	
Veggie Burrito **without** Sauce with Cilantro Lime Rice & Black Beans	980	320	36	17	0	55	2500	126	16	6	38				▪					▪	▪
Veggie Chimichanga **without** Sauce with Cilantro Lime Rice & Black Beans	1120	470	52	20	0.5	55	2500	126	16	6	38	▪			▪					▪	▪
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
CREATE YOUR OWN COMBOS *Each item listed individually*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Soup Or Salad																					
Chicken Tortilla Soup* - Cup	320	160	18	7	0	50	1150	23	3	2	17	▪			▪						
House Salad **without** Dressing	210	100	11	3	0	5	190	23	4	3	5	▪			▪						▪
Classics	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Empanadas - Seasoned Ground Beef with Queso	490	280	31	14	1	60	1110	34	0	5	18	▪			▪			▪		▪	
Empanadas - Shredded Chicken with Queso	490	280	31	14	1	65	1190	32	1	5	18	▪			▪			▪		▪	
Chicken Flauta with Queso	320	190	22	8	0.5	55	960	19	2	4	15	▪			▪						
Enchiladas	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Carnitas with Salsa Verde	270	140	16	4.5	0	40	580	18	3	4	14	▪			▪						
Cheese & Onion with Chile Con Carne	320	190	21	11	0	55	620	17	2	1	16	▪			▪			▪		▪	
Seasoned Ground Beef with Chile Con Carne	270	120	14	5	0	45	740	19	2	1	16	▪			▪			▪		▪	
Shredded Chicken Tinga with Salsa Verde	180	70	7	2.5	0	30	580	17	3	3	11	▪			▪						
Shredded Chicken Tinga with Sour Cream Sauce	200	90	10	4.5	0	35	720	16	2	2	11	▪	▪		▪			▪		▪	
Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Crispy Honey Chipotle Shrimp	330	150	17	3.5	0	40	1100	37	2	5	12	▪	▪		▪		▪			▪	
Dos XX® Fish with Creamy Red Chile Sauce	400	220	25	8	0	40	1060	31	1	2	13	▪	▪	▪	▪					▪	
Seasoned Ground Beef - Crispy	250	130	14	5	0	35	430	16	2	1	13	▪			▪			▪			

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Seasoned Ground Beef - Soft	240	100	11	5	0	35	680	19	0	1	14				▪			▪		▪	
Shredded Chicken Tinga - Crispy	200	90	10	3.5	0	30	490	15	2	2	11	▪			▪						
Shredded Chicken Tinga - Soft	190	60	7	3.5	0	30	740	18	1	1	12				▪					▪	
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
FAJITAS *Listed* ***without*** *Mexican rice, beans & condiments unless noted*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Classic Fajitas																					
Carnitas	710	450	51	10	1	135	2170	25	3	13	44							▪		▪	
Grilled Chicken	370	170	19	3	0	105	1120	16	2	6	38							▪		▪	
Grilled Shrimp	540	420	47	12	0	115	1860	17	2	6	24				▪		▪	▪		▪	
Grilled Steak	520	320	35	11	0	110	1200	14	2	6	37							▪		▪	
Portobello & Vegetables	260	150	17	2	0	0	880	24	5	11	6							▪		▪	▪
Add-On Shrimp Skewer	50	40	4.5	0	0	40	390	1	0	0	7						▪	▪			
Specialty Fajitas	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Border Smart℠ Chicken Fajitas Listed As Served	630	160	18	3	0	80	1850	78	18	8	44							▪		▪	
Grande Fajita Trio	890	610	68	19	0	185	2460	26	4	10	54				▪		▪	▪		▪	
Monterey Ranch Chicken	720	450	51	16	0	190	2100	14	2	5	57		▪		▪			▪		▪	
Smokehouse	1370	860	96	30	0.5	305	4140	49	4	32	87				▪			▪		▪	
ADD Fajita Condiments	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Corn Tortillas (1)	60	5	0.5	0	0	0	0	12	1	0	1										▪
Guacamole	50	45	5	0.5	0	0	90	3	2	0	1										▪
Homemade Flour Tortillas (1)	100	25	3	1.5	0	0	250	15	0	0	2				▪					▪	▪
Mixed Cheese	110	80	9	5	--	25	170	1	0	0	7				▪						▪
Pico De Gallo	10	5	0.5	0	0	0	125	1	0	1	0										▪
Shredded Lettuce	5	0	0	0	0	0	0	1	0	1	0										▪
Sour Cream	60	45	5	3.5	0	20	15	1	0	1	1				▪						▪
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
FROM THE MESQUITE GRILL *Listed as served*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Carne Asada*	1030	640	71	26	0	110	2310	53	4	5	40				▪			▪			
Grilled Queso Chicken	710	320	35	10	0.5	130	2110	56	8	9	48				▪						
Mexican Grilled Chicken	480	160	18	3.5	0	80	1810	51	5	7	33										
BOLD TORTAS *Listed* ***without*** *french fries and ketchup*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Braised Carnitas Torta	1300	700	79	15	1.5	115	3820	107	5	23	45		▪		▪					▪	
Classic Cheeseburger **Add** Choice of Cheese	910	610	69	19	1	75	1040	46	1	7	30		▪							▪	
American Cheese	70	40	4.5	3	--	15	220	2	0	1	4				▪			▪			
Cheddar Cheese	110	80	9	5	--	25	180	1	0	0	6				▪						
Loaded Queso Burger	1110	720	81	27	1	105	1810	57	5	7	42	▪			▪					▪	
Monterey Ranch Chicken Torta	1250	700	78	19	1	175	2600	82	2	6	58		▪		▪					▪	
Queso Steak Torta	1150	630	71	21	1	110	2380	82	3	7	45				▪					▪	
Side French Fries (5 oz) and Ketchup	420	140	15	3	0	0	910	65	5	13	5	▪						▪			▪
TACOS *Listed* ***without*** *Mexican rice and beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Al Pastor Tacos																					
(2)	560	250	28	8	0	70	2510	52	2	14	26				▪					▪	
(3)	840	370	42	12	0.5	100	3760	78	3	20	39				▪					▪	
Brisket Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
(2)	930	460	51	22	0	110	2560	72	2	23	44	▪			▪					▪	
(3)	1360	680	75	33	0	165	3580	101	3	28	66	▪			▪					▪	
Crispy Honey Shrimp Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
(2)	660	300	33	7	0	85	2210	76	4	10	23	▪	▪		▪		▪			▪	
(3)	980	450	50	10	0.5	125	3310	113	6	16	35	▪	▪		▪		▪			▪	
Dos XX® Fish Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
(2)	1040	680	76	20	0	105	2420	64	1	4	26	▪	▪	▪	▪					▪	
(3)	1440	900	101	28	0.5	145	3490	95	2	6	39	▪	▪	▪	▪					▪	
Southwest Chicken Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
(2)	1200	830	92	25	0	155	1930	52	2	3	41	▪	▪		▪					▪	
(3)	1670	1120	124	36	0	220	2740	77	3	4	61	▪	▪		▪					▪	
Tacos Al Carbon	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Fajita Chicken (2)	420	160	18	5	0	90	960	34	6	3	34				▪						
Fajita Chicken (3)	580	210	24	7	0	135	1240	47	7	4	50				▪						
Fajita Steak (2)	520	270	30	11	0	90	820	32	5	3	31				▪						
Fajita Steak (3)	730	370	42	16	0	135	1040	44	6	4	46				▪						
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
LUNCH *Listed* ***without*** *Mexican rice and beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Border's Best Lunch Fajitas *Listed* ***without*** *fajita condiments*																					
Chicken	290	140	16	2.5	0	80	820	10	1	4	29							▪		▪	
Steak	370	230	26	7	0	75	850	9	1	4	25							▪		▪	
ADD Fajita Condiments	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Corn Tortillas (1)	60	5	0.5	0	0	0	0	12	1	0	1										▪
Guacamole	50	45	5	0.5	0	0	90	3	2	0	1										▪
Homemade Flour Tortillas (1)	100	25	3	1.5	0	0	250	15	0	0	2				▪					▪	▪
Mixed Cheese	110	80	9	5	--	25	170	1	0	0	7				▪						▪
Pico De Gallo	10	5	0.5	0	0	0	125	1	0	1	0										▪
Shredded Lettuce	5	0	0	0	0	0	0	1	0	1	0										▪
Sour Cream	60	45	5	3.5	0	20	15	1	0	1	1				▪						▪
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
Quesadilla Combo *Each item listed* ***separately***	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chicken Tortilla Soup* - Cup	320	160	18	7	0	50	1150	23	3	2	17	▪			▪						
House Salad **without** Dressing	210	100	11	3	0	5	190	23	4	3	5	▪			▪						▪
Quesadilla	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Brisket	680	440	49	20	0.5	90	1670	33	4	4	28				▪			▪		▪	
Chicken	680	440	49	19	0.5	100	1370	33	4	4	29				▪					▪	
Steak	720	480	54	21	0.5	100	1310	32	4	4	28				▪					▪	

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

SIDES & ADD-ONS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Avocado Slices (3)	60	50	6	1	0	0	0	3	3	0	1										▪
Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Cilantro Lime Rice	180	20	2	0	0	0	570	37	2	1	3										▪
Corn Tortillas (1)	60	5	0.5	0	0	0	0	12	1	0	1										▪
French Fries (6 oz) and Ketchup	490	170	18	4	0	0	1000	74	6	13	6	▪						▪			▪
Grilled Shrimp Skewer (3 Shrimp)	50	40	4.5	0	0	40	390	1	0	0	7						▪	▪			
Guacamole	50	45	5	0.5	0	0	90	3	2	0	1										▪
Homemade Flour Tortillas (1)	100	25	3	1.5	0	0	250	15	0	0	2				▪					▪	▪
House Salad **without** Dressing	210	100	11	3	0	5	190	23	4	3	5	▪			▪						▪
Mexican Rice*	220	50	5	1	0	0	910	39	2	1	4										
Mixed Cheese	110	80	9	5	--	25	170	1	0	0	7				▪						▪
Pico De Gallo	10	5	0.5	0	0	0	125	1	0	1	0										▪
Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
Sautéed Vegetables	90	70	7	1.5	0	0	250	7	2	4	2										▪
Sour Cream	60	45	5	3.5	0	20	15	1	0	1	1				▪						▪

BEVERAGES	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Barq's® Root Beer	150	0	0	0	0	0	65	41	0	41	0										
Coca-Cola®	130	0	0	0	0	0	40	36	0	36	0										
Coffee	0	0	0	0	0	0	0	0	0	0	0										
Coke Zero®	0	0	0	0	0	0	50	0	0	0	0										
Diet Coke®	0	0	0	0	0	0	35	0	0	0	0										
Diet Dr Pepper®	0	0	0	0	0	0	55	0	0	0	0										
Dr Pepper®	140	0	0	0	0	0	55	36	0	35	0										
Fanta® Orange	200	0	0	0	0	0	75	57	0	55	0										
Flavored Ice Tea - Mango	70	0	0	0	0	0	10	18	0	17	0										
Flavored Ice Tea - Peach	70	0	0	0	0	0	10	17	0	16	0										
Juice - Apple	70	0	0	0	0	0	5	18	0	15	0										▪
Juice - Cranberry	90	0	0	0	0	0	0	21	0	19	0										
Juice - Grapefruit	50	0	0	0	0	0	0	12	1	11	1										
Juice - Orange	150	0	0	0	0	0	20	37	0	33	3										
Juice - Pineapple	80	0	0	0	0	0	0	20	0	16	1										
Juice - Tomato	30	0	0	0	0	0	430	6	1	4	1										
Iced Tea - Sweet	110	0	0	0	0	0	30	27	0	27	0										
Iced Tea - Unsweet	0	0	0	0	0	0	30	0	0	0	0										
Minute Maid® Lemonade	150	0	0	0	0	0	20	40	0	39	0										
Milk 2%	170	60	7	4	0	25	160	16	0	16	11				▪						
Sprite®	150	0	0	0	0	0	35	37	0	33	0										▪
Strawberry Lemonade	220	0	0	0	0	0	20	56	1	53	0										▪

DESSERTS *Listed as served*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Border Brownie Sundae	1340	620	69	32	1	170	640	164	7	128	16		▪		▪			▪	▪	▪	▪
Caramel Swirl Cheesecake	640	330	37	22	1	85	430	66	1	47	9		▪		▪			▪		▪	▪
Sopapillas	1330	410	46	13	0	0	1110	221	6	131	17	▪			▪			▪		▪	▪
Sopapillas with Chocolate Sauce (2)	540	170	19	6	0	0	500	86	3	47	7	▪			▪			▪		▪	▪
Sopapillas with Honey (2)	620	160	18	5	0	0	410	113	2	79	6	▪			▪					▪	▪
Tres Leches Cake	750	340	37	24	0	235	530	93	0	64	14		▪		▪					▪	▪

KIDS MENU *as of 09.20.2021v1*

KIDS *Listed as served*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Big Kids Nachos																					
Fajita Chicken	700	390	44	20	0	110	1350	42	6	4	36	▪			▪						
Seasoned Ground Beef	740	420	47	22	0	105	1530	44	5	4	35	▪			▪			▪			
Border Chicken Strips with French Fries and Ketchup	900	400	45	9	0	35	2160	94	7	13	29	▪						▪		▪	
Cheese Quesadilla with French Fries and Ketchup	1280	730	82	31	1	100	2030	99	6	13	35	▪			▪			▪		▪	▪
with Fajita Chicken, French Fries and Ketchup	1350	760	84	32	1	130	2230	100	7	13	46	▪			▪			▪		▪	
Corn Dog with French Fries and Ketchup	650	260	29	7	0	15	1230	87	6	17	10	▪	▪		▪			▪		▪	

Enchilada Plates with Mexican Rice* & Refried Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Cheese Enchilada with Chile Con Carne	760	300	33	14	0	55	2060	86	11	2	29	▪			▪			▪		▪	
Seasoned Ground Beef Enchilada with Chile Con Carne	700	230	25	8	0	45	2180	88	11	2	29	▪			▪			▪		▪	
Shredded Chicken Enchilada with Sour Cream Sauce	640	200	22	7	0	40	2150	85	10	3	25	▪	▪		▪			▪		▪	
Grilled Chicken Soft Taco with Mexican Rice* & Refried Beans	680	210	23	8	0	55	2040	87	9	2	33				▪					▪	
Kid Tacos with Mexican Rice* and Refried Beans	820	290	32	9	0	60	2410	97	12	4	35	▪			▪						

Kid Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Side French Fries and Ketchup	420	140	15	3	0	0	910	65	5	13	5	▪						▪			▪
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
*Side Refried Beans **without** Garnish*	210	60	6	2	0	0	520	30	7	1	10										

Kid Desserts & Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Blue Raspberry Border Blast	190	0	0	0	0	0	10	46	0	44	0										▪
Blue Raspberry Border Blast - Togo	390	0	0	0	0	0	25	95	0	90	0										▪
Cherry Border Blast	230	0	0	0	0	0	30	59	0	57	0										▪
Cherry Border Blast - Togo	470	0	0	0	0	0	60	120	0	115	0										▪
Ice Cream Sundae with Chocolate Syrup	260	80	9	6	0	35	100	44	1	34	3				▪			▪			▪
Ice Cream Sundae with Strawberry Purée	220	80	9	5	0	35	55	34	1	26	3				▪						▪
Mini Sopapillas with Honey	310	80	9	2.5	0	0	210	57	1	39	3	▪			▪					▪	▪
Juice - Apple	100	5	0	0	0	0	10	25	0	21	0										
Juice - Cranberry	120	0	0	0	0	0	0	30	0	26	0										
Juice- Orange	140	0	0	0	0	0	20	34	0	30	3										
Milk 2%	150	50	6	4	0	25	140	15	0	15	10				▪						
Soft Drink - Barq's® Root Beer	150	0	0	0	0	0	65	41	0	41	0										
Soft Drink - Coke®	80	0	0	0	0	0	25	23	0	23	0										
Soft Drink - Coke Zero®	0	0	0	0	0	0	30	0	0	0	0										
Soft Drink - Diet Coke®	0	0	0	0	0	0	25	0	0	0	0										
Soft Drink - Diet Dr Pepper®	0	0	0	0	0	0	35	0	0	0	0										
Soft Drink - Dr. Pepper®	90	0	0	0	0	0	35	23	0	22	0										
Soft Drink - Fanta® Orange	130	0	0	0	0	0	50	36	0	35	0										
Soft Drink - Minute Maid Lemonade	100	0	0	0	0	0	15	25	0	25	0										
Soft Drink - Sprite®	90	0	0	0	0	0	20	23	0	21	0										
Strawberry Lemonade	140	0	0	0	0	0	15	37	0	35	0										

DAILY SPECIALS *as of 09.20.2021v1*

FIESTA TRIO *Each item listed individually*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chicken Tortilla Soup* - Cup	320	160	18	7	0	50	1150	23	3	2	17	▪			▪						
House Salad **without** Dressing	210	100	11	3	0	5	190	23	4	3	5	▪			▪						▪
Chicken Fajita (Lunch Portion)	290	140	16	2.5	0	80	820	10	1	4	29							▪		▪	
ADD Fajita Condiments																					
Corn Tortillas (1)	60	5	0.5	0	0	0	0	12	1	0	1										▪
Guacamole	50	45	5	0.5	0	0	90	3	2	0	1										▪
Homemade Flour Tortillas (1)	100	25	3	1.5	0	0	250	15	0	0	2				▪					▪	▪

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
ADD Fajita Condiments																					
Mixed Cheese	110	80	9	5	--	25	170	1	0	0	7				▪						▪
Pico De Gallo	10	5	0.5	0	0	0	125	1	0	1	0										▪
Shredded Lettuce	5	0	0	0	0	0	0	1	0	1	0										▪
Sour Cream	60	45	5	3.5	0	20	15	1	0	1	1				▪						▪
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
ADD Choice Of Dessert	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Brownie Sundae For One	620	290	32	14	0	75	300	76	3	60	7		▪		▪			▪	▪	▪	▪
Sopapillas - Chocolate Sauce (2)	540	170	19	6	0	0	500	86	3	47	7	▪			▪			▪		▪	▪
Sopapillas - Honey (2)	620	160	18	5	0	0	410	113	2	79	6	▪			▪					▪	▪
ENDLESS ENCHILADAS *Listed **without** Mexican rice & beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Cheese & Onion with Chile Con Carne (1)	320	190	21	11	0	55	620	17	2	1	16	▪			▪			▪		▪	
Seasoned Ground Beef with Chile Con Carne (1)	270	120	14	5	0	45	740	19	2	1	16	▪			▪			▪		▪	
Shredded Chicken Tinga with Salsa Verde (1)	180	70	7	2.5	0	30	580	17	3	3	11	▪			▪						
Shredded Chicken Tinga with Sour Cream Sauce (1)	200	90	10	4.5	0	35	720	16	2	2	11	▪	▪		▪			▪		▪	
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						
TACO FIX TUESDAYS *Each item listed individually*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Seasoned Ground Beef																					
Crispy	240	130	14	5	0	35	430	15	1	0	12	▪			▪			▪			
Soft	230	100	11	5	0	35	670	18	0	0	13				▪			▪		▪	
Shredded Chicken Tinga	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Crispy	190	90	10	3.5	0	30	490	13	1	1	11	▪			▪						
Soft	180	60	7	3.5	0	30	730	16	0	1	11				▪					▪	
Brisket	430	220	25	11	0	55	1010	29	1	5	22	▪			▪					▪	
Southwest Chicken	480	290	33	11	0	65	820	25	1	1	20	▪	▪		▪					▪	
Veggie	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Crispy	170	100	11	3	0	5	140	15	2	2	3	▪			▪						▪
Soft	160	70	8	3.5	0	5	390	18	1	1	4				▪					▪	▪
FAJITA FEST *Each item listed individually*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Chicken Fajita (Lunch Portion)	290	140	16	2.5	0	80	820	10	1	4	29							▪		▪	
ADD Fajita Condiments																					
Corn Tortillas (1)	60	5	0.5	0	0	0	0	12	1	0	1										▪
Guacamole	50	45	5	0.5	0	0	90	3	2	0	1										▪
Homemade Flour Tortillas (1)	100	25	3	1.5	0	0	250	15	0	0	2				▪					▪	▪
Mixed Cheese	110	80	9	5	--	25	170	1	0	0	7				▪						▪
Pico De Gallo	10	5	0.5	0	0	0	125	1	0	1	0										▪
ADD Fajita Condiments	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
Shredded Lettuce	5	0	0	0	0	0	0	1	0	1	0										▪
Sour Cream	60	45	5	3.5	0	20	15	1	0	1	1				▪						▪
ADD Rice & Choice Of Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)	CC	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nut	Wheat	VEG
*Side Mexican Rice**	220	50	5	1	0	0	910	39	2	1	4										
Side Black Beans	210	15	1.5	0.5	0	0	690	36	12	1	11				▪						▪
Side Refried Beans	220	60	7	2.5	0	0	540	30	7	1	10				▪						

HAPPY HOUR *as of 09.20.2021v1*

	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Cheese Quesadilla with Sour Cream & Red Chile Tomatilla Salsa	840	580	65	27	1	90	1400	36	1	3	25
Crispy Tacos (3) - Seasoned Ground Beef	740	380	42	15	0	105	1290	47	4	2	38
Crispy Tacos (3) - Shredded Chicken Tinga	580	280	31	10	0	90	1470	42	5	4	32
Flautas (3) with Queso	810	450	51	15	1.5	110	2090	51	5	8	36
Firecracker Jalapenos (4) with Queso	620	380	42	23	1	95	2820	33	9	7	29
Queso Sampler with Chips	560	300	34	16	1	60	1460	48	6	11	18
Stacked Nachos - Seasoned Ground Beef	830	490	54	24	0	110	2020	50	9	7	36
Stacked Nachos - Shredded Chicken Tinga	780	450	51	22	0	105	2080	49	9	7	34

FAMILY MEALS & KITS *as of 09.20.2021v1*

TACOS *Each option listed separately. **ADD** chips and salsa, Mexican rice and choice of beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Crispy Tacos - Chicken Tinga (5)	980	460	52	16	0	150	2450	73	9	8	54
Crispy Tacos - Seasoned Ground Beef (5)	1240	630	71	25	0	175	2160	80	8	4	64
Primo Tacos - Brisket (5)	2010	910	101	39	0	205	5820	178	5	56	90
Primo Tacos - Southwest Chicken (5)	2620	1780	198	47	1	300	4230	127	5	8	84
Soft Tacos - Chicken Tinga (5)	940	320	36	17	0	150	3680	88	4	7	58
Soft Tacos - Seasoned Ground Beef (5)	1200	490	55	25	0	175	3380	96	2	4	68
ENCHILADAS *Each option listed separately. **ADD** chips and salsa, Mexican rice and choice of beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Carnitas with Salsa Verde (5)	1340	720	80	23	1	200	2900	92	13	20	69
Cheese And Onions with Chile Con Carne (5)	1600	950	106	54	1	270	3120	86	12	5	79
Cheese with Chile Con Carne (5)	1600	950	106	54	1	270	3120	84	12	4	78
Cheese with Red-Chile Tomatillo Sauce Vegetarian Version (5)	1600	920	102	59	0	290	2760	89	9	11	83
Seasoned Ground Beef with Chile Con Carne (5)	1340	620	68	27	1	215	3720	95	12	4	78
Shredded Chicken Tinga with Salsa Verde (5)	890	340	37	14	0	145	2910	83	14	15	55
Shredded Chicken Tinga with Sour Cream Sauce (5)	1010	450	50	22	0	185	3590	79	9	8	55
ENCHILASAGNA *Each item listed individually. **ADD** chips and salsa, house salad and salad dressing*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
King Ranch Enchilasagna Only	2300	1100	122	61	1.5	440	7850	172	16	32	130
Veggie Enchilasagna with Roasted Red-Chile Tomatillo Salsa Only	2090	930	104	49	2	220	4500	214	35	39	89
FAJITA MEALS *Each option listed separately. **ADD** chips and salsa, Mexican rice, choice of beans and guacamole or cheese*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Carnitas with Onions, Peppers, Tortillas, Pico, Sour Cream	2890	1360	152	49	2.5	360	8620	249	9	37	130
Grilled Steak & Chicken Combo with Onions, Peppers, Tortillas, Pico, Sour Cream	2690	1080	120	49	0.5	440	7280	231	9	21	162
Grilled Chicken with Onions, Peppers, Tortillas, Pico, Sour Cream	2450	830	92	35	0.5	445	7240	234	9	21	169
Grilled Steak with Onions, Peppers, Tortillas, Pico, Sour Cream	2930	1330	148	62	0	435	7330	227	9	21	155
ADD Sides, Condiments & Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Beans - Black	600	45	5	1.5	0	5	2030	106	34	2	33
Beans - Refried	650	180	20	7	0	5	1580	87	20	2	30
Chips And Salsa	1660	700	77	19	0	5	3720	225	29	27	24
Guacamole For Fajitas	360	300	33	4.5	0	0	610	18	13	1	4
*House Salad **without** Dressing*	430	210	23	6	0	10	520	48	9	7	10
***ADD** Choice Of Dressing (4 fl oz)*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Lime Vinaigrette	280	220	24	2	0	0	960	20	0	16	0
Ranch	460	430	48	6	0	45	790	5	0	4	3
Salsa	40	5	0	0	0	0	890	9	2	6	2
Smoked Jalapeno Vinaigrette	230	170	19	1.5	0	0	1260	18	0	14	0
Spicy Avocado Ranch	340	320	35	4.5	0	30	870	6	2	3	3

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

ADD Sides, Condiments & Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Mixed Cheese For Fajitas	270	200	22	13	--	65	430	1	0	0	16
Queso For Build Your Own Primo Tacos	480	310	35	22	1.5	105	2350	18	2	15	25
Rice - Cilantro Lime	670	70	7	1.5	0	0	2130	137	6	2	12
*Rice - Mexican**	840	190	21	3	0	5	3420	148	6	2	15
ADD QUESO AND SOPAPILLAS TO ANY MEAL	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Queso	1910	1250	139	86	6	420	9420	73	7	59	102
Sopapillas	1730	500	55	16	0	0	1370	299	8	189	20

CATERING AND PARTY PLATTERS *as of 09.20.2021v1*

INDIVIDUAL BOXES	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Brisket Taco Box *Includes chips & salsa*											
(2)	1090	540	60	24	0	110	2500	88	6	14	47
(3)	1520	770	85	35	0	165	3510	116	7	19	69
Chilled Fajita Wrap *Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chicken	770	300	34	11	0	65	2100	87	7	10	32
Steak	940	490	54	17	0	80	1900	83	7	7	31
Veggie	760	330	37	11	0	20	2040	92	8	13	18
Fajita Taco Box *Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chicken (2)	800	340	38	15	0	135	1820	66	5	5	50
Chicken (3)	1080	460	51	21	0	200	2490	84	5	6	73
Combo (2)	860	400	45	18	0	135	1730	65	5	5	48
Steak (2)	920	470	52	22	0	130	1650	64	5	5	46
Steak (3)	1270	650	72	31	0	200	2240	81	5	5	68
Veggie (2)	780	400	45	16	0	40	1730	77	8	12	21
Veggie (3)	1060	550	62	23	0.5	60	2360	100	10	17	29
Southwest Chicken Taco Box *Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
(2)	1180	680	76	24	0	135	2100	81	6	6	44
(3)	1650	970	108	35	0	200	2910	106	7	7	64
Add-On	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chicken Tortilla Soup - Bowl*	520	240	26	9	0	70	2300	45	5	3	27
Chicken Tortilla Soup - Cup*	320	160	18	7	0	50	1150	23	3	2	17
Guacamole	110	90	10	1.5	0	0	180	5	4	0	1
Queso	120	80	9	5	0	25	590	5	0	4	6
Sour Cream	110	90	10	7	0	40	30	2	0	2	2
INDIVIDUAL SALADS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Fajita Salad *Includes chips & salsa* ***ADD*** *choice of dressing*											
Fajita Chicken	570	220	24	5	0	85	1740	57	12	13	37
Fajita Steak	650	310	34	10	0	75	1760	56	12	13	33
Grande Burrito *Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Carnitas	1130	400	45	15	0	80	3030	141	14	8	42
Chicken	1010	290	33	12	0	75	2650	137	14	5	43
Portobello Mushroom	950	260	29	12	0	25	2370	141	16	7	29
Steak	1080	360	40	16	0	75	2580	136	14	5	41
Veggie	1000	320	36	13	0	25	2590	142	15	9	28
Taco Salad *Includes chips & salsa* ***ADD*** *choice of dressing*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef	930	500	56	19	0	95	2160	72	12	12	35
Shredded Chicken Tinga	820	440	48	15	0	85	2280	69	13	13	31
ADD Dressing (2 fl)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Lime Vinaigrette	140	110	12	1	0	0	480	10	0	8	0
Ranch	230	220	24	3	0	25	400	2	0	2	1
Salsa	20	0	0	0	0	0	440	5	1	3	1
Smoked Jalapeño Vinaigrette	120	90	10	1	0	0	630	9	0	7	0
Spicy Avocado Ranch	170	160	18	2	0	15	430	3	1	2	1
BOLD TORTAS *Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Braised Carnitas Torta	1530	800	90	18	1.5	120	4280	137	9	26	49
Monterey Ranch Chicken Torta	1470	790	89	21	1	180	3070	112	6	10	61
Queso Steak Torta	1380	730	81	24	1	110	2840	113	7	10	48
ADD A DESSERT	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chocolate & Walnut Brownie(1)	480	240	27	11	0	55	250	54	3	43	5
Chocolate Chunk Cookie (1)	530	230	25	9	2	120	250	73	3	42	6
Gluten Free Snickerdoodle Cookie (1)	380	150	17	6	0	35	280	55	1	28	3
BOLDER BORDER BOWLS *Listed* ***PER*** *person. Includes chips & salsa*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Grilled Chicken Bowl	1260	410	46	11	0	95	3260	163	26	13	55
Grilled Combo Bowl	1300	460	51	13	0	95	3270	163	26	13	52
Grilled Portobello Mushroom Bowl	1110	340	38	9	0	15	2720	166	27	15	30
Grilled Shrimp Bowl	1190	430	47	9	0	95	3500	162	26	13	42
Grilled Steak Bowl	1340	500	56	16	0	90	3280	162	26	13	50
Add-On Shrimp Skewer	50	40	4.5	0	0	40	390	1	0	0	7
FULL COURSE FIESTA BUFFETS *Listed* ***PER*** *person. Includes chips, salsa, appetizer & sopapilla* ***ADD*** *drink, rice & beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Grande Fajita Fiesta	1400	670	74	27	0.5	150	2890	127	11	24	56
Grande Traditional Fiesta	1390	720	80	33	0.5	140	2460	119	11	22	50
Tour Of Mexico	1620	740	83	32	0.5	165	3320	155	13	26	66
ADD Rice & Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Side Beans - Black	120	5	0.5	0	0	0	400	22	6	0	6
Side Beans - Refried	130	35	3.5	0	0	0	310	18	6	0	6
Side Rice - Cilantro Lime	130	15	1.5	0	0	0	430	27	6	0	2
*Side Rice - Mexican**	170	35	4	0	0	0	680	30	6	0	3
CATERING BUFFETS *Listed* ***PER*** *person. Includes chips & salsa* ***ADD*** *rice & beans*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Classic Fajita											
Carnitas	1260	660	74	22	0.5	130	2810	104	10	12	48
Chicken	1010	450	50	16	0	110	2040	98	10	7	45
Combo	1050	490	55	19	0	110	2050	97	10	7	42
Steak	1090	540	60	21	0	105	2060	96	10	7	40
Grande Portion *Carnitas*	1460	770	86	25	1	165	3370	116	10	15	60
Grande Portion *Chicken*	1120	480	54	17	0	135	2320	107	10	8	54
Grande Portion *Combo*	1200	560	62	22	0	140	2360	106	10	8	53
Grande Portion *Steak*	1280	630	70	26	0	140	2400	105	10	8	53
Grande Fajita Trio	1370	690	76	23	0	215	3340	111	11	10	69
Grilled Shrimp Fajita	940	460	51	15	0	105	2280	96	10	7	32
Grande Portion Shrimp	1050	520	58	16	0	145	2800	105	10	8	40
Portobello Fajita	930	430	48	16	0	30	1690	105	12	11	21
Smokehouse Fajitas	2060	1130	126	43	0.5	335	5190	135	11	30	102
ADD Brisket To Any Fajita	180	80	9	3.5	0	60	690	1	0	0	24
ADD Carnitas To Any Fajita	290	190	21	5	0	70	880	6	0	4	21

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

ADD Rice & Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Side Beans - Black	120	5	0.5	0	0	0	400	22	6	0	6
Side Beans - Refried	130	35	3.5	0	0	0	310	18	6	0	6
Side Rice - Cilantro Lime	130	15	1.5	0	0	0	430	27	6	0	2
*Side Rice - Mexican**	170	35	4	0	0	0	680	30	6	0	3

MEXICAN COMBINATION *Listed **PER** person. Includes chips & salsa **ADD** rice & beans.*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Fajita & Taco Bar	1020	490	54	18	0	100	1800	95	11	7	40
Fiesta Especial	1270	690	76	34	1	150	2400	95	11	9	49
Fiesta Favorites	1670	830	93	43	0.5	220	3460	131	11	8	74
Flair Of Mexico	1320	640	72	32	0	160	2770	106	9	5	59

Nacho Buffet	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Fajita Chicken	1040	520	58	22	1	135	3020	88	16	14	48
Fajita Steak	1120	600	67	26	1	135	3040	87	16	14	45
Fajita Steak And Chicken Combo	1080	560	62	24	1	135	3050	87	16	14	46
Seasoned Ground Beef	1120	570	63	25	1	130	3360	91	16	14	45
Shredded Chicken Tinga	1010	500	56	22	1	120	3480	88	16	16	42

Taco Buffet	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef - Crispy	610	280	32	9	0	35	800	63	7	4	17
Seasoned Ground Beef - Soft	600	260	28	9	0	35	1050	66	6	4	18
Shredded Chicken Tinga - Crispy	550	250	28	7	0	30	860	61	7	4	15
Shredded Chicken Tinga - Soft	550	220	25	8	0	30	1110	64	6	4	16

Taste Of The Border	1620	820	91	34	0.5	165	3200	133	17	11	68
Tex-Mex Combo	930	470	53	20	0	90	1430	80	9	5	33

Traditional Fiesta	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef - Crispy	730	360	40	15	0	60	1390	67	7	7	24
Shredded Chicken Tinga - Crispy	670	330	36	13	0	55	1450	66	8	8	22

ADD Rice & Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Side Beans - Black	120	5	0.5	0	0	0	400	22	6	0	6
Side Beans - Refried	130	35	3.5	0	0	0	310	18	6	0	6
Side Rice - Cilantro Lime	130	15	1.5	0	0	0	430	27	6	0	2
*Side Rice - Mexican**	170	35	4	0	0	0	680	30	6	0	3

ADD QUESO & SOPAPILLAS	330	160	18	8	0	25	790	35	1	17	9

CREATE YOUR OWN - BUFFET & PLATTER *Listed **PER** piece or **PER** ounce*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chicken Flauta (1)	220	110	13	2.5	0	25	480	15	1	1	10
Chicken Tenders (1)	160	90	10	2	0	10	410	10	1	0	8

Empanada	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef (1)	200	110	12	5	0	20	330	15	0	1	7
Shredded Chicken Tinga (1)	200	110	12	5	0	25	370	14	0	1	7

Enchiladas	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Carnitas with Salsa Verde (1)	270	140	16	4.5	0	40	580	18	3	4	14
Cheese & Onion with Chile Con Carne (1)	320	190	21	11	0	55	620	17	2	1	16
Seasoned Ground Beef with Chile Con Carne (1)	270	120	14	5	0	45	740	19	2	1	16
Shredded Chicken Tinga with Salsa Verde (1)	180	70	7	2.5	0	30	580	17	3	3	11
Shredded Chicken Tinga with Sour Cream Sauce (1)	200	90	10	4.5	0	35	720	16	2	2	11
Cheese with Queso (1)	360	220	25	14	0	65	750	16	2	3	17
Cheese & Onion with Roasted Red-Chile Tomatillo Salsa (1)	320	180	20	12	0	60	550	18	2	2	17

Guacamole (1 oz)	50	40	4.5	0.5	0	0	80	2	2	0	1

Mini Burrito	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Brisket with Jalapeno BBQ Sauce (1)	210	70	8	3.5	0	25	790	21	0	5	13
Brisket without Jalapeno BBQ (1)	190	70	7	3	0	25	620	16	0	0	12
Seasoned Ground Beef (1)	230	100	12	6	0	35	620	17	0	0	12
Shredded Chicken Tinga (1)	200	80	9	4.5	0	30	670	16	0	1	11

Mini Chimichanga	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef (1)	240	120	14	6	0	15	590	18	2	2	11
Shredded Chicken Tinga (1)	230	110	13	7	0	35	500	18	0	1	12

Mini Quesadilla	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Brisket (1)	240	160	18	8	0	30	450	9	0	0	10
Cheese & Rajas (1)	230	160	18	7	0	25	290	9	0	1	8
Fajita Chicken (1)	270	170	19	8	0	40	450	11	1	1	13
Fajita Steak (1)	290	190	22	9	0	40	420	10	1	1	13
Veggie (1)	260	180	20	8	0	25	400	11	1	2	8

Signature Queso (2 fl)	120	80	9	5	0	25	590	5	0	4	6
Stuffed Jalapeño (1)	130	80	9	4.5	0	20	600	7	2	1	6

Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef - Crispy	250	130	14	5	0	35	430	16	2	1	13
Seasoned Ground Beef - Soft	240	100	11	5	0	35	680	19	0	1	14
Shredded Chicken Tinga - Crispy	200	90	10	3.5	0	30	490	15	2	2	11
Shredded Chicken Tinga - Soft	190	60	7	3.5	0	30	740	18	1	1	12

Rice & Beans	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Side Beans - Black	120	5	0.5	0	0	0	400	22	6	0	6
Side Beans - Refried	130	35	3.5	0	0	0	310	18	6	0	6
Side Rice - Cilantro Lime	130	15	1.5	0	0	0	430	27	6	0	2
*Side Rice - Mexican**	170	35	4	0	0	0	680	30	6	0	3

PARTY PLATTERS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
5-Layer Dip Platter with Tortilla Crips	8160	5130	570	215	2.5	720	14590	539	99	48	226

Empanada Platter	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Combination	5310	2980	333	140	9	630	10820	373	3	40	187
Seasoned Ground Beef	5340	2980	332	137	9	615	10360	379	2	37	186
Shredded Chicken Tinga	5270	2990	334	142	9	650	11280	366	5	44	188

Fajita Wrap Platter	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Chicken	5370	2310	257	84	0	705	16920	498	27	81	287
Steak	7650	4820	536	155	2	945	13940	428	25	36	276
Add-On Bacon & Avocado	1630	1200	133	41	0	405	5210	39	27	7	89

Mexican Sampler Platter with Queso	3710	2400	268	113	4	585	7770	144	9	29	183
***ADD** - Empanadas - Seasoned Ground Beef (6)*	1220	670	74	29	2	125	2000	90	0	5	40
***ADD** - Empanadas - Shredded Chicken Tinga (6)*	1200	670	75	30	2	135	2230	87	1	7	41
***ADD** - Mini Chimichanga - Seasoned Ground Beef (6)*	1440	730	81	36	2.5	105	3520	111	14	12	65
***ADD** - Mini Chimichanga - Shredded Chicken Tinga (6)*	1410	680	76	40	1	200	3020	109	0	4	72

Mini Chimichanga Platters	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Seasoned Ground Beef	6230	3240	361	167	11	520	16440	462	59	63	287
Shredded Chicken Tinga	6100	3050	339	180	6	910	14440	452	2	33	315

Mini Quesadilla Platter	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Cheese	6450	4610	515	206	6	740	8890	251	24	29	195
Fajita Chicken	7390	4900	548	214	6	1115	12640	290	33	43	329
Fajita Steak	7870	5420	605	240	6	1110	11980	281	32	43	315

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

MEXICAN CASSEROLE MEAL *Each item listed individually.* ***ADD*** *chips and salsa, house salad and salad dressing*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
King Ranch Mexican Casserole Only	4610	2200	244	123	3.5	880	15690	344	33	64	259
Veggie Mexican Casserole with Roasted Red-Chile Tomatillo Salsa Only	4180	1860	207	99	4	440	9010	427	71	77	177
ADD Chips And Salsa	1750	700	78	19	0	5	5500	243	33	38	27
ADD House Salad without Dressing	1000	460	52	14	0	30	1660	116	26	26	27
ADD Choice of Two Dressings (10 Fl)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Lime Vinaigrette	700	540	60	5	0	0	2400	50	0	40	0
Ranch	1150	1090	121	15	0.5	115	1980	12	0	10	7
Salsa	100	10	1	0	0	0	2220	23	5	15	4
Smoked Jalapeno Vinaigrette	590	430	48	4	0	0	3150	46	1	35	1
Spicy Avocado Ranch	860	790	88	11	0	75	2160	16	4	8	7
SIDES & ADD-ONS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
BY THE DOZEN											
Grilled Shrimp	660	490	55	2	0	460	4720	7	1	1	88
Corn Tortillas	680	70	8	1.5	0	0	40	139	12	3	15
Flour Tortillas	1200	320	36	18	0	0	3000	180	0	0	24
Mini Burritos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Brisket with Jalapeño BBQ Sauce	2510	830	92	40	0.5	325	9520	255	3	57	152
Brisket without Jalapeño BBQ Sauce	2220	800	89	38	0.5	325	7400	194	2	5	150
Chicken Tinga	2350	950	105	54	0	365	7990	195	3	7	132
Seasoned Ground Beef	2810	1260	140	70	0	410	7450	209	0	0	150
Tacos	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Brisket with Jalapeño BBQ Sauce	5440	2720	302	131	1	665	14300	404	12	114	263
Fajita Chicken	3430	1450	162	76	0	800	8090	215	6	9	279
Fajita Steak	4160	2220	247	116	0	790	7110	202	5	9	258
Fajita Veggie	3350	1830	205	81	2.5	235	7550	279	24	55	104
Seasoned Ground Beef - Crispy	2970	1520	169	60	0	415	5170	192	19	10	153
Seasoned Ground Beef - Soft	2880	1180	131	61	0	415	8110	229	5	9	163
Shredded Chicken Tinga - Crispy	2350	1110	124	39	0	355	5890	174	23	19	130
Shredded Chicken Tinga - Soft	2250	770	85	40	0	355	8830	211	9	18	140
Southwest Chicken with Jalapeno BBQ Sauce	5990	3550	395	130	1	795	11920	363	13	65	245
BY THE QUART	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Border Queso	920	540	60	36	2.5	170	4670	58	11	41	46
Guacamole	1530	1280	142	19	0	0	2610	76	57	6	17
Queso	1790	1180	131	81	6	390	8830	69	6	56	96
Queso Blanco	2400	1760	195	122	9	605	9020	49	0	36	124
Salsa	310	30	3.5	0.5	0	0	6670	69	15	45	12
Smoky Queso	1590	1010	113	69	5	335	8230	72	9	55	84
SALADS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Confetti Rice Salad*	5110	1860	208	22	2.5	10	15870	730	69	71	102
Fajita Salad **ADD** Choice Of Dressings											
Chicken	1500	670	74	14	0	330	3150	102	37	32	133
Steak	1840	1040	115	35	0	310	3310	97	37	32	117
House Salad Serves **ADD** Choice Of Dressings	1000	460	52	14	0	30	1660	116	26	26	27
Salad Dressings **ADD** Two Dressings (10 Fl)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Lime Vinaigrette	700	540	60	5	0	0	2400	50	0	40	0
Ranch	1150	1090	121	15	0.5	115	1980	12	0	10	7
Salsa	100	10	1	0	0	0	2220	23	5	15	4
Smoked Jalapeno Vinaigrette	590	430	48	4	0	0	3150	46	1	35	1
Spicy Avocado Ranch	860	790	88	11	0	75	2160	16	4	8	7
DESSERTS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Assorted Dessert Bite Platter	8840	3920	435	170	2.5	675	5650	1139	49	792	104
Chocolate Walnut Brownies By The Dozen	5810	2930	326	138	2	675	3010	652	35	520	65
Mini Sopapillas Platter (48 Pieces)	3030	990	110	32	0	0	2640	486	14	272	39
BEVERAGES	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Bottled Water	0	0	0	0	0	0	0	0	0	0	0
Flavored Iced Tea - Mango (Gallon)	780	0	0	0	0	0	95	201	0	192	0
Flavored Iced Tea - Peach (Gallon)	780	0	0	0	0	0	95	201	0	192	0
Iced Tea - Unsweet (Gallon)	40	0	0	0	0	0	115	11	0	0	0
Lemonade - Strawberry (Gallon)	2530	10	1	0	0	0	210	651	11	612	4
Minute Maid® Lemonade (Gallon)	1770	0	0	0	0	0	230	464	0	448	0
Soft Drink - Coca-Cola® By The Case	3360	0	0	0	0	0	1080	936	0	936	0
Soft Drink - Diet Coke® By The Case	0	0	0	0	0	0	700	0	0	0	0
Soft Drink - Dr Pepper® By The Case	3450	0	0	0	0	0	1380	911	0	884	0
Soft Drink - Sprite® By The Case	3540	15	2	0	0	0	800	898	0	795	4
FIESTA CANTEENS *Values do not include tequila and triple sec*	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Mango Margarita Mix Canteen	1890	10	1	0	0	0	440	496	1	454	1
OTB Margarita Mix Canteen	1390	0	0	0	0	0	520	365	0	319	0
Strawberry Margarita Mix Canteen	1840	5	1	0	0	0	430	475	7	420	3

2,000 Calories a day is used for general nutrition advice, but calorie needs vary.

NUTRITION AND ALLERGEN INFORMATION *as of 09.20.2021v1*

The health and safety of our guests is a top priority at On The Border. As part of our commitment to you we have prepared the following list of menu items and their corresponding nutritional values and allergens. Additionally, no item is certified as vegetarian or gluten free. Every effort is made to keep this information current. However, due to differences in suppliers, recipe revisions, preparation techniques, and/or the season of the year it is possible that ingredient changes and substitutions may occur.
Please be aware; each menu item is prepared by hand and may come in contact with allergens during normal kitchen operations.
This may include shared preparation and cooking areas, including shared fryers.

DUE TO THESE CIRCUMSTANCES, WE ARE UNABLE TO GUARANTEE THAT ANY MENU ENTRÉE CAN BE COMPLETELY FREE OF ALLERGENS.
NOTICE: BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER OR A MANAGER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

▪Denotes Contains Allergens

▪CC - Cross Contact - These items are prepared in shared fryers and should NOT be consumed if you have a food allergy
▪VEG - Vegetarian - These items do not contain beef, pork, poultry, fish, shellfish, or ingredients derived from animals (e.g., gelatin, chicken broth) but may contain eggs or milk.
Animal-based enzyme may be used through the production of cheese.

Cal.....Calories FatCal.....Calories from Fat Fat.....Total Fat Sat.....Saturated Fat Tran....Trans Fat Chol....Cholesterol Sod.....Sodium Carbs.....Carbohydrates Sug.....Sugar Prot.....Protein (g).....grams (mg).....milligrams
- -Information not available *Contains MSG Note: NOT all items are available at all locations

TAKE-OUT BEVERAGES

BOTTLED BEER 12 FL	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Angry Orchard Hard Cider	190	0	0	0	0	0	--	25	0	20	0
Bohemia	150	0	0	0	0	0	0	14	0	3	1
Bud Light	110	0	0	0	0	--	--	7	--	--	1
Budweiser	150	0	0	0	0	--	--	11	--	--	1
Coors Light	100	0	0	0	0	0	10	5	0	--	1
Corona Extra	150	0	0	0	0	0	15	14	0	4	1
Corona Light	100	0	0	0	0	0	0	5	0	--	1
Corona Premier	90	0	0	0	0	0	0	3	0	3	--
Dos Equis Amber	150	0	0	0	0	0	0	13	0	3	4
Dos Equis Lager	130	0	0	0	0	0	0	11	0	3	4
Heineken	140	0	0	0	0	0	0	12	0	0	2
Heineken 0.0 Non-Alcoholic Beer	70	0	0	0	0	0	0	16	0	4	0
Miller Lite	100	0	0	0	0	0	5	3	--	--	1
Modelo Especial	150	0	0	0	0	0	15	14	0	4	1
Pacifico	140	0	0	0	0	0	10	14	0	12	1
Sol	140	0	0	0	0	0	0	12	0	12	0
Tecate	140	0	0	0	0	0	0	13	0	3	1
Blue Moon	170	0	0	0	0	0	15	14	0	11	2
Michelob Ultra	100	0	0	0	0	--	--	3	--	--	1
Modelo Negra	160	0	0	0	0	0	10	15	0	13	1

BOTTLED BEER 6 PACK (12 FL EA)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Angry Orchard Hard Cider	1140	0	0	0	0	0	--	150	0	120	0
Blue Moon	1010	0	0	0	0	0	100	85	0	65	11
Bohemia	920	0	0	0	0	0	0	83	0	19	4
Bud Light	660	0	0	0	0	--	--	40	--	--	5
Budweiser	870	0	0	0	0	--	--	64	--	--	8
Coors Light	610	0	0	0	0	0	65	30	0	--	6
Blue Moon	170	0	0	0	0	0	15	14	0	11	2
Bohemia	150	0	0	0	0	0	0	14	--	3	1
Bud Light	110	0	0	0	0	--	--	7	--	0	1
Budweiser	150	0	0	0	0	--	--	11	--	--	1
Coors Light	100	0	0	0	0	0	10	5	0	--	1
Corona Extra	150	0	0	0	0	0	15	14	0	4	1
Corona Light	100	0	0	0	0	0	0	5	--	--	1
Corona Premium	90	0	0	--	--	--	--	3	--	--	1
Dos Equis Ambar	150	0	0	--	--	--	--	14	--	--	1
Dos Equis Lager	130	0	0	--	--	--	--	11	--	--	1
Heineken	140	0	0	0	0	0	0	12	--	0	2
Heineken 0.0 (Non-Alcoholic Beer)	70	0	0	--	--	--	--	16	--	--	0
Michelob Ultra	100	0	0	0	0	--	--	3	--	--	1
Miller Lite	100	0	0	0	0	0	5	3	--	--	1
Modelo Especial	140	0	0	--	--	--	20	14	--	--	1
Modelo Negra	160	0	0	0	0	0	10	15	--	13	1
Pacifico	140	0	0	0	0	0	10	14	--	12	1
Sol	140	0	0	0	0	0	0	12	--	12	0
Tecate	140	0	0	--	--	--	--	14	--	--	1

BOTTLED BEER (16 FL)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Coors Light	140	0	0	0	0	0	15	7	0	--	1
Michelob Ultra	130	0	0	0	0	--	--	3	--	--	1
Miller Lite	130	0	0	0	0	0	5	4	--	--	1
Coors Light	820	0	0	0	0	0	85	40	0	--	8
Michelob Ultra	760	0	0	0	0	--	--	21	--	--	5
Miller Lite	770	0	0	0	0	0	40	26	--	--	8

WINE (750 ML BOTTLE)	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
BV Coastal Chardonnay (750 ml)	630	0	0	0	0	--	35	16	0	7	1
Dark Horse Cabernet Sauvignon (750 ml)	620	0	0	0	0	--	--	19	--	--	1
Estacio Pinot Grigio (750 ml)	620	0	0	0	0	--	--	15	--	--	1
Natura Rose (750 ml)	640	0	0	0	0	0	40	29	0	29	3

HOUSE MARGARITAS	Cals	Fat Cals	Fat (g)	Sat (g)	Tran (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sug (g)	Prot (g)
Bottled On The Rocks - Jalapeno Pineapple Margarita (200 ml)	320	0	0	0	0	0	0	22	0	22	0
Bottled On The Rocks - House Margarita (200 ml)	320	0	0	0	0	0	0	22	0	22	0
House Mango Margarita Frozen (Gallon)	2710	0	0	0	0	0	400	444	0	401	0
House Mango Margarita Frozen (Grande)	390	0	0	0	0	0	55	66	0	60	0
House Mango Margarita Rocks (Gallon)	4020	0	0	0	0	0	380	501	0	457	0
House Mango Margarita Rocks (Grande)	270	0	0	0	0	0	20	45	0	41	0
House Margarita Frozen (Gallon)	2540	0	0	0	0	0	460	339	0	301	0
House Margarita Frozen (Grande)	340	0	0	0	0	0	2900	46	0	40	0
House Margarita Rocks (Gallon)	4150	0	0	0	0	0	440	409	0	371	0
House Margarita Rocks (Grande)	260	0	0	0	0	0	2860	26	0	23	0
House Strawberry Margarita Frozen (Gallon)	3160	10	1	0	0	0	400	549	11	492	4
House Strawberry Margarita Frozen (Grande)	440	0	0	0	0	0	55	79	1	71	1
House Strawberry Margarita Rocks (Gallon)	4460	10	1	0	0	0	380	606	11	549	4
House Strawberry Margarita Rocks (Grande)	330	0	0	0	0	0	20	58	1	53	1

This information is based on standard product recipes and ingredients. The nutritional analysis encompasses data from our food suppliers, an independent laboratory commissioned by On The Border combined with nutrient data from the USDA and Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon.
The rounding of figures is based on FDA guidelines. Some menu items may not be available at all locations.